



Primary Care

...SOON

- Regular health screenings
- Earaches
- Cough or colds
- Sprains/strains of joints or muscles
- UTIs
- Sinus infections
- Pink eye
- Abdominal pain that resembles something that's "going around"
- Fevers that respond to fever-reducing medication
- Flu shots



Urgent Care

...QUICKLY

- Abdominal pain that won't go away
- Minor burns
- Minor broken bones with no skin penetration
- Persistent nausea, vomiting or diarrhea
- Rashes and hives
- Minor cuts/wounds/stitches
- Minor head injuries
- Conditions from the Primary Care list that cannot wait for an available appointment with a doctor



Emergency Room

...NOW

- Chest pain or difficulty breathing
- Head or spinal injuries
- Severe abdominal pain
- Uncontrolled bleeding
- Broken bones protruding skin
- Severe burns, cuts or punctures
- Loss of consciousness
- Trauma
- Seizures or convulsions
- Stroke symptoms
- Vaginal bleeding during pregnancy
- Poison ingestion

These lists are not comprehensive. Always use your best judgement to determine if a situation requires emergency care.